

TRACK AND FIELD RECORDS

NORTHLAND MASTERS ATHLETICS



Women

Venue

60 Metres

W30	U. Iyer	Dunedin	Jan-18	8.30
W35	U. Iyer	Mackay, Qld	Sep-19	8.36
W45	D. Smith	Tauranga	27/02-01/03/2015	10.23
W50	Lucy Andrews	Dunedin	Jan-18	9.64
W60	N. Bowmar	Whangarei	22/11/2014	10.56
W65	M. Crooke	Rarotonga	Oct-2015	10.73
W70	M Crooke	Dunedin	Jan 2018	10.70
W75	C. van der Veeken	Whangarei	2010	13.77
W80	C. van der Veeken	Bendigo, Australia	4-12/01/2014	14.51
W85	C. van der Veeken	Whangarei	Mar-18	14.48

100 Metres

W30	U. Iyer	Dunedin	Jan-18	13.38
W35	W. Brown	Wellington	1987	12.50
W40	W. Brown		1990	12.50
W45	W. Brown	Durban	1997	12.87
W50	C. Brunker	Napier	1983	14.40
W55	B. Vine	Auckland	1986	14.91
W60	C. Brunker	Christchurch	1992	15.60
W65	Z. E. Pierce	Australia	1981	16.57
W70	Z.E. Pierce	Australia	1984	17.30
W75	Z. E. Pierce	Christchurch	1988	19.46
W80	C. van der Veeken	Whangarei	6/02/2016	26.00
W85	C. van der Veeken	Perth, WMA	2016	23.89

200 Metres

W30	U. Iyer	Dunedin	Jan-18	27.89
W35	W. Brown	Wellington	1987	25.72
W40	W. Brown		1991	25.70
W45	W. Brown	Durban	1997	27.59
W50	A. Hathaway	Hawkes Bay	1998	29.49
W55	B. Vine	Auckland	1985	32.20
W60	C. Brunker	Christchurch	1992	32.80
W65	Z.E. Pierce	Australia	1981	34.45
W70	M. Crooke	Auckland(WMG)	Apr-17	36.91
W75	Z.E. Pierce	Christchurch	1988	43.50
W85	C. van der Veeken	Perth,WMA	2016	59.66

400 Metres

W30	P. Barach	Whangarei	6/02/2016	98.30
W35	W. Brown		1990	60.47
W40	C. Brunker	Hamilton	1976	63.13
W45	A. Hathaway	Auckland	1993	63.00
W50	A. Hathaway	Hawkes Bay	1998	69.51
W55	C. Brunker	Melbourne	1987	71.40
W60	C. Brunker	Christchurch	1992	77.00
W65	Z.E. Pierce		1981	88.81
W70	Z.E. Pierce	Australia	1983	92.00
W75	C. van der Veeken	Whangarei	2009	1m 55.89
W80	L. Fraser	Whangarei	Mar-18	2m 58.75
W85	C. van der Veeken	Perth,WMA	2016	2m 17.54

800 Metres

W30	P.Barach	Whangarei	12/02/2017	3m 48.90
W35	M. Harries	Napier	1983	2m 27.01
W40	M. Harries		1987	2m 27.6
W45	K. Kerr	Hawkes Bay	1998	2m 35.28
W50	I. Idema	Melbourne	1987	2m 44.76
W55	C. Brunker	Melbourne	1987	2m 56.6
W60	N. Little	Christchurch	1988	3m 14.98
W65	L. Fraser	Christchurch	2004	3m 27.2
W70	J. Stewart	Whangarei	Feb-19	3m28.26 H
W75	C. van der Veeken		2008	4m 28.31
W85	C. van der Veeken	Perth,WMA	2016	5m 46.06

1500 Metres

W30	P. Barach	Whangarei	6/02/2016	7m 41.8
W35	M. Harries	Napier	1983	5m 02.9
W40	M. Harries	Auckland	1986	4m 59.6
W45	K. Kerr		1995	5m 06.2
W50	K. Kerr		1999	5m 35.9
W55	K. Kerr		2004	6m 03.2
W60	N. Little		1988	6m 20.24
W65	N. Little	Auckland	1993	6m 49.8
W70	J. Stewart	Timaru	Mar-19	6m 48.61
W75	C. van der Veeken		2008	8m 18.16
W80	C. van der Veeken		2012	9m 43.45
W85	C. van der Veeken	Whangarei	Mar-18	11m 12.13

3000 Metres

W35	C. Alderton	North Shore	1997	10m 36.0
W40	K. Kerr	Hastings	1991	10m 53.2
W45	K. Kerr		1994	10m 58.2

W50	K. Kerr		1999	11m 18.0
W55	K. Kerr		2004	12m 30.0
W60	N. Little	Christchurch	1988	14m 00.3
W65	J. Bradshaw	Whangarei	Feb-19	14m 11.20H
W70	J. Stewart	Timaru	Mar-19	14m 26.98
W75	C. van der Veeken		2010	19m 36.13

5000 Metres

W35	C. Raven	Auckland	1993	18m 42.41
W40	N. McCullough		1989	19m 49.3
W45	K. Kerr	Hawkes Bay	1998	18m 51.3
W50	K. Kerr		?	20m 53.2
W55	O. Shanks		1993	23m 25.0
W60	N. Little	Melbourne	1987	21m 51.4
W65	J. Stewart	Dunedin	Jan-18	23m 47.42
W70	J. Stewart	Timaru	Mar-19	23m 54.27

10000 Metres

W35	C. Raven	Wellington	1994	39m 38.86
W40	M. Harries		1987	40m 58.47
W45	M. Hazelwood		1991	43m 59.8
W50	E. Platt	Canberra	1984	51m 06.0
W55	L. Fraser	Japan	1993	53m 27.0
W60	N. Little	Melbourne	1987	45m 17.5
W65	J. Stewart	Perth, WMA	2016	48m 38.31

5 Km Road Race

W65	J. Bradshaw	Auckland	Sep-19	24m 30
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10 Km Road Race

W45	I. Idema		1981	43m 22.0
W50	J. Bradshaw	Auckland	2004	45m 29.0
W65	J. Stewart	Auckland (WMG)	Apr-17	47m 57.0
W70	J. Stewart	Malaga, Spain	Sep-18	49m 23.00

8 Km Cross Country

W45	D. Smith	Rarotonga	Oct-2015	43m 55.47
W50	D. Smith	Perth, WMA	2016	43m 28.79
W60	L. Fraser	Geelong	2002	51m 40.0
W65	J. Stewart	Perth, WMA	2016	40m 03.79

6 Km Cross Country

W70	J. Stewart	Mackay, Qld	Sep-19	28m 30.00
W80	L. Fraser	Dunedin	Jan-18	58m 23.00
W85	C. van der Veeken	Dunedin	Jan-18	52m 30.00

10 Km Cross Country

W45	R. Willoughby	Melbourne	1981	48m 37.18
W50	I. Idema	Melbourne	1987	47m 15.0
W60	N. Little	Melbourne	1987	46m 18.0

Half Marathon

W65	J. Bradshaw	Dunedin	Sep-19	1hr 56m 38
W75	C. van der Veeken		2008	2hrs 26m 11
W80	C. van der Veeken	Bendigo, Australia	4-12/01/2014	2hrs 51m 14

Marathon

W60	N. Little	Melbourne	1987	3hr 34min
W75	C. van der Veeken		2007	5hrs 41m 12

2000 Metres Steeplechase

W45	D. Smith	Tauranga	27/02-01/03/2015	9m 57.29
W50	D. Smith	Perth, WMA	2016	10m 16.62
W55	L. Fraser	USA	1995	11m 02.00
W60	N. Little	Christchurch	1988	10m 29.90
W65	L. Fraser	Wellington	2002	12m 38.75
W70	C. van der Veeken	Hamilton	2004	12m 39.66
W75	C. van der Veeken		2008	13m 13.97
W80	C. van der Veeken		2012	14m 57.42
W85	C. van der Veeken	Perth, WMA	2016	18m 30.80

80 Metres Hurdles

W45	C. Brunker		1981	15.71
W50	C. Brunker		1984	15.80
W55	Y. Simeon	Christchurch	1999	16.07
W60	C. Brunker	Christchurch	1992	17.00
W70	M.Crooke	Malaga, Spain	Sep-18	19.86

100 Metres Hurdles

W35	W. Brown	Wellington	1987	16.30
W40	K. Kerr		?	23.50

300 Metres Hurdles

W40	K. Kerr		1991	67.60
W50	D. Smith	Palmerston Nth	2016	58.02
W60	B. Vine		1990	68.09

1 Mile Track Walk

W45	D. Kelly	Auckland	1995	8m 14.0
W50	N. Johnston	Auckland	2001	8m 53.11

1000 Metres Track Walk

W35	C. Alderton		1996	7m 23.40
W40	D. Kelly		1993	4m 45.6
W45	M. Green		1996	9m 31.7
W50	V. Babe		1993	6m 10.9
W55	V. Babe		1996	6m 50.2
W60	P.Lindstrom		1993	7m 05.8

1500 Metres Track Walk

W35	D. Barrett		1996	6m 59.3
W40	NO RECORD			
W45	D. Kelly		1996	7m 26.3
W50	V.Babe		1992	9m 36.0
W55	V.Babe		1995	10m 10.1
W60	P. Lindstrom		1992	10m 52.0
W65	M. Vanasche		1992	12m 46.0

3000 Metres Track Walk

W35	D. Barrett	Christchurch	1997	14m 30.27
W40	D. Barrett		2000	14m 36.47
W45	C. Smith	Auckland	Nov-2015	14m 58.2
W50	C. Smith	Palmerston Nth	2016	15m 46.78
W55	V. Babe	Fiji	1994	20m 07.00
W60	N. Little		1989	19m 03.5
W65	E. Platt		1998	20m 32.5
W70	C. van der Veeken		2004	20m 45.00
W75	C. van der Veeken		2007	21m 50.00

5000 Metres Track Walk

W35	D. Barrett		1999	24m 56.0
W40	N. Dean		1992	27m 59.6
W45	D. Kelly		1996	27m 07.57
W50	C. Smith	Palmerston Nth	2016	27m 05.31
W55	V. Babe		1994	35m 26.2
W60	L. Fraser		2002	36m 02.66
W65	L. Fraser	Rarotonga	2004	36m 58.0
W70	C. van der Veeken	Christchurch	2006	38m 18.35

5000 Metres Road Walk

W40	D. Kelly		1991	29m 40.0
W45	C. Smith	Lyon, France, WMA	8/08/2015	27m 16.87
W50	C. Smith	Palmerston Nth	2016	27m 05.31

10000 Metres Track Walk

W45	C. Smith	Auckland	Nov-2015	53m 15.5
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10 Km Road Walk

W35	D. Barrett	Melbourne	1999	50m 05.0
W40	D. Barrett	Papakura	2000	53m 04.0
W45	C. Smith	Lyon, France, WMA	18/08/2015	54m 23.0
W50	N. Johnston	Auckland	2001	1hr 01m 53.1
W55	M. Crooke	Whangarei	2004	1hr 19m 42.0
W60	L. Fraser	Gateshead	1999	1hr 14m 09.0
W65	E. Platt		1998	1hr 11m 59.0
W70	C. van der Veeken		2004	1hr 18m 45.0

20 Km Road Walk

W35	D. Barrett		1999	1hr 53m 23.0
W40	D. Barrett		2000	1hr 49m 36.0
W45	C. Smith	Wellington	8/03/2015	1h 52m 00
W50	N. Johnston	Hastings	2000	2hrs 11m 32.0
W55	C. Smith	Auckland	Sep-19	2hr 06m 02

Pentathlon

W35	W. Brown		1987	2949 pts
W40	A. Hathaway		1990	2879 pts
W45	A. Hathaway		1993	3330 pts
W50	A. Hathaway	Hawkes Bay	1998	3366 pts
W55	C. Bruncker		1987	3282 pts
W60 old spec	B. Vine		1990	3225 pts
W60				
W65	N Bowmar	Nelson	1/03/2017	2630pts
W70 old spec	B. Vine		2000	2876 pts
W70	M Crooke	Inglewood	1/06/2017	2538pts
W75	C. van der Veeken		2009	2701 pts
W80	C. van der Veeken		2012	3143 pts
W85	C. van der Veeken	Dunedin	Jan-18	2740 pts

Heptathlon

W40	N. Bowmar		1994	2535 pts
W70	M.Crooke	Malaga Spain	Sep-18	4117pts

Hammer Throw

W35	C. Read		1993	31.66
W40	T.Morgan	Whangarei	Mar-18	30.57
W45	T.Morgan	Inglewood	Feb-21	32.07
W50	L. Andrews	Whakatane	Nov-19	34.15
W55	V. Babe		1995	32.38
W60	V. Babe	Norfolk I.	2000	31.10
W65	B. Austin		2011	30.29
W70	B. Austin	Inglewood	Nov-17	27.29
W75	B. Austin	Inglewood	Feb-21	26.34
W80	C. Bruncker	Whakatane	23/11/2012	24.29
W85	C. van der Veecken	Perth, WMA	8/07/2016	17.29

Shot Put

W30	P. Barach		6/02/2016	6.85
W35	W. Brown		1990	8.55
W40	W. Brown		1991	8.74
W45	T.Morgan	Inglewood	1/02/2021	9.84
W50	A. Hathaway		2000	9.87
W55	B. Austin		2000	10.11
W60	B. Austin		2005	9.18
W65	B. Austin	Hastings	Nov-2014	8.49
W70	B Austin	Tauranga	27/02-01/03/2015	8.39
W75	B Austin	Hastings	Feb-20	8.08
W80	W. Pepene		2011	6.30
W85	C. Van der Veecken	Whangarei	12/02/2017	5.22

Discus

W30	P.Barach	Whangarei	12/20/17	15.92
W35	M. Harries		1982	25.64
W40	T.Morgan	Whangarei	Mar-18	26.80
W45	T. Morgan	Dunedin	Nov-20	25.87
W50	B. Austin		1997	26.22
W55	C. Bruncker		1988	24.24
W60	C. Bruncker		1992	23.60
W65	C. Bruncker		1997	20.40
W70	C. Bruncker		2003	18.10
W75	B. Austin	Inglewood	Feb-21	17.48
W80	A. Williams	Whakatane	2006	11.67
W85	A Williams	Auckland	2012	10.16

Javelin

W30	P.Barach	Whangarei	12/02/2017	12.47
W35	V. Luders		1993	24.76
W40	A. Hathaway		1991	21.12
W45	V.Romagnoli	Whangarei	12/02/2017	24.57

W50	A. Hathaway	Geelong	2002	34.79
W55	A. Hathaway	Hamilton	2004	27.07
W60 (400g)	A. Williams	Hong Kong	1986	23.58
W65 (400g)	W. Pepene		1998	26.25
W65 (500g)	N.Bowmar	Whangarei	12/02/2017	13.32
W70 (400g)	W. Pepene	Geelong	2002	23.76
W70 (500g)	B. Austin	Rarotonga	Oct-2015	18.41
W75	W. Pepene		2006	19.67
W80	W. Pepene		2011	16.45
W85	C.Van der Veeken	Whangarei	12/02/2017	9.22

Weight Throw

W40	T.Morgan	Whangarei	Mar-18	8.90
W45	T. Morgan	Inglewood	Feb-21	9.49
W50	L.Andrews	Whakatane	Nov-19	10.57
W55	B. Austin		2006	11.94
W60	B. Austin		2007	12.54
W65	B. Austin		2011	11.74
W70	B. Austin	Rarotonga	Oct-2015	11.76
W75 (4 kg)	B. Austin	Hastings	Feb-20	10.86
W85	C.Van der Veeken	Dunedin	Jan-18	6.02

Weight Pentathlon

W40	T.Morgan	Whangarei	Mar-18	2066pts
W45	T.Morgan	Inglewood	Feb-21	2378pts
W50	B. Austin		1999	2758 pts
W55	C. Scratton	Auckland	1993	2734 pts
W55 (new spec.)	B. Austin	Hastings	2003	3149 pts
W60	C. Bruner		1993	3103 pts
W60 (new spec.)	B. Austin	Wellington	2009	3575 pts
W65	A. Williams	Invercargill	1995	2770 pts
W65 (new spec.)	B. Austin		2011	3815 pts
W70	C. Bruner		2001	3687 pts
W70 (new spec.)	B. Austin	Rarotonga	Oct-2015	3812 pts
W75	C. Bruner		2009	4006 pts
W80	C. Bruner		2012	4461 pts
W85	W. Pepene		2012	3133 pts

Long Jump

W30	U.Iyer	Whangarei	12/02/2017	4.30
W35	W. Brown		1987	5.10
W40	W. Brown		1991	4.67
W45	B. Macleod		1991	4.53
W50	A. Hathaway		1998	4.16
W55	B. Macleod		2002	4.12
W60	C. Bruner		1992	3.41
W65	N. Bowmar	Auckland (WMG)	Apr-2017	3.45

W70	M.Crooke	Malaga, Spain	Sep-2018	3.26
W75	C. van der Veeke		2008	2.26
W80	C. van der Veeke	Whangarei	22/11/2013	2.36
W85	C. van der Veeke	Whangarei	12/02/2017	2.02

Triple Jump

W35	W. Brown		1990	9.37
W40	W. Brown		1990	9.68
W45	W. Brown		1996	9.38
W50	N. Bowmar		2003	8.14
W55	Y. Simeon		1999	8.80
W60	C. Bruncker		1992	7.70
W65	N. Bowmar	Auckland (WMG)	Apr-2017	7.40
W70	M. Crooke	Malaga, Spain	Sep-18	7.45
W80	C. van der Veeke	Whangarei	6/02/2016	4.53
W85	C. van der Veeke	Whangarei	12/02/2017	4.75

High Jump

W35	B. Macleod		1983	1.24
W40	N. Bowmar	Auckland	1995	1.33
W45	N. Bowmar	Auckland	1996	1.34
W50	N. Bowmar	Brisbane	2001	1.30
W55	N. Bowmar	Christchurch	2006	1.23
W60	N. Bowmar	Hastings	2011	1.20
W65	N. Bowmar	Nelson	Mar-2017	1.18
W70	M.Crooke	Auckland (WMG)	Apr-17	1.08
W75	W. Pepene	Wellington	2005	0.95

Pole Vault

W50	D.Smith	Auckland	Feb-20	2.45
W55	D.Smith	Auckland	Jan-21	2.46

Womens Indoor Records**50 Metres**

W30	U. Iyer	Auckland	Jul-16	7.60
W35	U. Iyer	Auckland	Aug-19	7.20

W65	N.Bowmar	Auckland	Aug-17	9.68
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W70	M. Crooke	Auckland	Aug-17	9.28
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Long Jump

W65	N.Bowmar	Auckland	Aug-17	3.04m
W70	M. Crooke	Auckland	Aug-17	2.81m

Triple Jump

W65	N.Bowmar	Auckland	Aug-17	7.01
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High Jump

W65	N.Bowmar	Auckland	Aug-17	1.15m
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W70	M. Crooke	Auckland	Aug-17	1.05m
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Pole Vault

W50	D. Smith	Auckland	Aug-19	2.45
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Men
Men

Venue
Venue

60 Metres

M35	G. Hanekom	Auckland	Nov-2015	7.48
M50	M. Lett	Tauranga	27/02-01/03/2015	8.49
M65	C.Portch	Whangarei	12/02/2017	9.40
M75	D. Eastmond	Whangarei	Mar-2018	11.38
M80	D. Eastmond	Timaru	Mar-2019	11.71

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100 Metres

M35	G. Hanekom	Auckland	Nov-2015	11.79
M40	D. Alderton		1995	11.50
M45	R. Brickland		1983	12.80
M50	M.Lett	Whangarei	2015	12.90
M55	E. Archibald	Whangarei	2007	13.49
M60	C. Portch	Tahiti	2010	14.22
M65	C. Portch	Whangarei	2016	15.10
M70	M. Dunn	Auckland	2000	15.60
M75	D. Eastmond	Whangarei	6/02/2016	18.60
M80	D. Eastmond	Timaru	Mar-19	18.98

200 Metres

M35	D. Alderton	Auckland	1991	24.00
M40	D. Alderton		1995	24.00
M45	R. Brickland		1984	26.40
M50	M. Lett	Bendigo, Australia	11/01/2014	27.36
M55	E. Archibald	Christchurch	2007	27.97
M60	C. Portch		2009	30.36
M65	C. Portch	Auckland	1/11/2014	31.23
M70	M. Dunn	Auckland	2000	32.90
M75	C. Macleod	Dunedin	Jan-2018	36.21
M80	D. Eastmond	Timaru	Mar-19	40.87

400 Metres

M35	D. Alderton		1993	53.30
M40	D. Alderton		1995	53.10
M45	I. Babe		1983	56.00
M50	I. Babe		1988	59.10
M55	I. Calder		12/02/2017	61.20
M60	I.Calder	Hastings	Feb-20	61.74
M65	C. Portch	Hobart, Australia	09-11/03/2014	69.43
M70	M. Dunn		2000	72.00
M75	C.Macleod	Dunedin	Jan 18	79.15
M80	D. Eastmond	Timaru	Mar-19	1m 29.28

800 Metres

M35	K. Read		1990	2m 02.75
M40	I. Babe		1981	2m 04.3
M45	I. Babe	Canberra	1984	2m 00.3
M50	I. Babe		1987	2m 01.97
M55	I. Babe	Auckland	1996	2m 13.7
M60	I. Babe		1997	2m 12.8
M65	D. Eastmond	Christchurch	2006	2m 55.98
M70	C. MacLeod	Dunedin	27/02/2016	2m 57.77
M75	C. MacLeod	Inglewood	1/11/2017	3m 02.18
M80	D. Eastmond	Wellington	Nov-18	3m 48.28

1500 Metres

M35	K. Read		1991	4m 15.3
M40	T. Langton		1983	4m 09.0
M45	I. Babe	Wellington	1984	4m 06.3
M50	I. Babe	Melbourne	1987	4m 09.41
M55	I. Calder	Whangarei		4m 39.18
M60	I. Calder	Inglewood	Feb-21	4m 51.75
M65	J. Kettlewell		2012	5m 43.03
M70	A. Clapcott	Auckland(WMG)	April 2017	6m 00.04
M75	C. Macleod	Dunedin	Jan-18	6m 14.09
M80	D. Eastmond	Timaru	Mar-19	7m 57.07

1 Mile

M45	I. Babe	Auckland	1985	4m 31.8
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3000 Metres

M35	D. Langford	Whangarei	6/02/2016	12m 26.2
M40	D. Langford	Whangarei	1/03/2018	11m 48.16
M45	G. Griffin		1993	10m 17.8
M50	I. Calder			9m 32.59
M55	I. Calder	Auckland	Nov-2015	10m 08.8
M60	A. Clapcott		2004	10m 41.8
M65	J. Kent		Feb-19	12m 48.90H
M70	D. Eastmond		2009	14m 52.42
M75	A. Clapcott	Hastings	Feb-20	13m 32.52
M80	D. Eastmond	Timaru	Mar-19	17m 43.56

5000 Metres

M45	I. Babe		1982	16m 01
M50	I. Calder		2010	16m 26.88
M55	I. Calder	Bendigo, Australia	4-12/01/2014	17m 41.63
M60	A. Clapcott		2004	18m 28.1
M65	J.Kent	Whangarei	Mar-18	21m 49.37
M70	A. Clapcott	Auckland (WMG)	Apr-17	22m 11.19
M75	D. Eastmond	Invercargill	28/02-03/03/2014	27m 24.61
M80	D. Eastmond	Timaru	Mar-19	30m 07.84

8000 Metres

M40	R. Kaio		1998	29m 55.0
M45	W. Bowmar		1998	32m 05.0
M50	NO RECORD			
M55	NO RECORD			
M60	NO RECORD			
M65	L. Field		1998	30m 28.0

10000 Metres

M35	K. Raven		1993	33m 59.7
M40	T. Langton		1985	34m 44.8
M45	I. Babe		1982	35m 15.0
M50	I. Calder			35m 45.72
M55	D. Eastmond		1997	45m 00.4
M60	W. Vine		1987	47m 56.1
M65	NO RECORD			
M75	D. Eastmond	Invercargill	28/02-03/03/2014	1hr 02:27.15

10000 Metres Road race

M55	I. Douglas			39m 28.6
M60	NO RECORD			
M65	J. Kent	Auckland	Sep-19	45m 11
M75	A.Clapcott	Auckland	Sep-19	48m 41
M80	D. Eastmond	Cambridge	Aug-18	1h 02m.51

Half Marathon

M65	J. Kent	Dunedin	Sep-19	1hr 44m.38
M70	B. Barach	Dunedin	Sep-19	1hr 50m 38

Marathon

M80	D. Eastmond	Christchurch	Jun-19	5hr 40m 10
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8K Cross Country

M65	W.Bowmar	Dunedin	Jan-18	47m 07.00
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6K Cross Country

M75	D.Eastmond	Dunedin	Jan-18	38m 52.00
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2000 Metres Steeple.

M65	D. Eastmond	Christchurch	2006	9m 40.10
M75	D. Eastmond	Whangarei	22/11/2013	13m 32.72
M80	D. Eastmond	Timaru	Mar-19	12m 07.59

3000 Metres Steeple.

M50	A.Kashammer	Auckland (WMG)	Apr-17	13m 05.19
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80 Metres Hurdles

M65	M. Dunn		1996	17.10
M70	K. Swindells		1995	24.10

100 Metres Hurdles

M40	D. Alderton		1996	17.40
M45	C. J. Portch	Pakuranga	1994	16.80
M50	M.Lett	Whangarei	12/02/2017	18.10
M55	C. Portch		2004	17.88
M60	C. Portch		2010	19.03
M65	C. Portch	Whangarei	6/02/2016	20.40

110 Metres Hurdles

M40	D.Langford	Auckland (WMG)	Apr-17	20.57
M45	G. Griffen		1992	23.00

300 Metres Hurdles

M60	C. Portch		2010	52.87
M65	C. Portch	Hobart, Australia	9-11/03/2014	54.41
M70	M. Dunn		2000	57.30
M75	D. Eastmond	Whangarei	6/02/2016	1m 19.1

400 Metres Hurdles

M40	K. Read		1993	64.03
M45	K. Read		1997	65.30
M50	C. Portch	Auckland	2001	70.75
M55	C. Portch	Melbourne	2004	74.00
M60	NO RECORD			
M65	K. Swindells		1992	1m 48.9

Weight Throw

M35	15.88kg (35lb)	R. Dahl		1996	11.36
M40		R. Dahl		2001	9.99
M45		K. Rogers		1995	8.66
M50	11.34kg (25lb)	B. Avery		1996	11.78
M55		G. Love		1996	10.47
M60	9.08kg (20lb)	G. Love		2003	11.53
M65		R. Ball		2001	12.34
M70	7.26kg (16lb)	R. Ball	Whakatane	2006	12.32
M75		D. Scratton		1995	11.76
M80	5.45kg (12lb)	D. Scratton	Tauranga	1999	12.70
M85		D. Scratton	Rarotonga	2004	10.99
M90		D. Scratton		2010	7.11

Throws Pentathlon

M35	R. Dahl		1990	2727 pts
M35 (new spec.)	R. Dahl		1996	2669 pts
M40	NO RECORD			
M45	K. Rogers		1995	2067 pts
M50	M. Cumming	Whangarei	24/01/2013	3502 pts
M55	G. Love		1998	2566 pts
M60	R. Ball		1998	3625 pts
M65	R. Ball		2002	4007 pts
M70	R. Ball	Whakatane	2006	3630 pts
M75	D. Scratton		1995	3961 pts
M80	D. Scratton		2000	3810 pts
M85	D. Scratton		2004	4074 pts
M90	D. Scratton		2009	3023 pts

Pentathlon

M35	K. Read		1990	2727 pts
M40	D.Langford	Auckland	11/12/2011	2689pts
M45	NO RECORD			
M50	M. Lett	Bendigo, Australia	9/01/2014	2566 pts
M55	M. Lett	Inglewood	Nov-17	2834pts
M60	C. Portch		2009	2556 pts
M65	K. Swindells		1987	2113 pts
M70	D. Scratton		1990	1906 pts
M75	C.Macleod	Whangarei	Mar-18	1945pts

Decathlon

M40	D.Langford	Auckland (WMG)	Apr-17	4485pts
M50	M. Lett	Auckland (WMG)	Apr-17	4781pts

M55	M. Lett	Dunedin	Jan-18	5457pts
M60	C.Portch	Tahiti	2010	4645pts

Hammer Throw

M35	R. Dahl		1995	43.56
M40	R. Tait	Melbourne	1987	45.05
M45	K. Rogers		1996	28.82
M50	I. Dann		1989	31.52
M55	I. Dann		1992	29.50
M60	R. Ball		2000	38.17
M65	R. Ball		2001	34.96
M70	R. Ball		2006	34.81
M75	K. Swindells		1998	22.51
M80	D. Scratton		2000	24.49
M85	D. Scratton	Rarotonga	2004	25.06
M85 (new weight)	D. Scratton	Christchurch	2006	22.76
M90	D. Scratton		2010	16.86

Javelin

M35	D. Langford	Tauranga	27/02-01/03/2015	45.28
M40	D.Langford	Whangarei	26/02/2017	46.15
M45	L. Allen		1992	dd
M50	M. Lett	Bendigo, Australia	7/01/2014	33.99
M55	E. Archibald	Whakatane	2006	31.92
M60	R. Ball		1999	39.42
M65	R. Ball		2001	37.89
M70	D. Scratton		1989	33.69
M75	D. Scratton		1994	28.74
M80	D. Scratton		1999	25.78
M85	D. Scratton	Rarotonga	2004	21.52
M90	D. Scratton		2010	11.47

Discus

M35	R. Dahl		1996	36.04
M40	D.Langford	Whangarei	26/02/2017	33.06
M45	L. King		1995	28.62
M50	G. Love		1992	36.46
M55	G. Love		1996	31.36
M60	R. Ball		1998	43.91
M65	R. Ball		2001	44.47
M70	R. Ball	Wanganui	2006	36.72
M75	D. Scratton		1995	32.12
M80	D. Scratton		2000	28.80
M85	D. Scratton		2006	21.15
M90	D. Scratton		2010	12.53

Shot Put

M35	R. Dahl		1995	11.53
M40	R. Dahl		2001	10.11
M45	K. Rogers		1996	9.39
M50	G. Love		1992	11.12
M55	G. Love		1998	9.90
M60	R. Ball		1998	11.31
M65 (5 kg)	D. Scratton		1986	11.19
M70	D. Scratton		1991	11.68
M75	D. Scratton		1994	10.87
M80	D. Scratton	Tauranga	1999	9.75
M85	D. Scratton		2006	7.80
M85 (3 kg)	D. Scratton	Christchurch	2006	7.83

Long Jump

M35	G.Hanekom	Auckland (WMG)	Apr-17	5.65
M40	D.Langford	Auckland(WMG)	Apr-17	5.31
M45	K. Read	Auckland		5.00
M50	M. Lett	Tauranga	27/02-01/03/2015	5.23
M55	M. Lett	Inglewood	Nov-17	5.09
M60	NO RECORD			
M65	G.S. Hardy	Whangarei	24/11/2014	3.77
M70	J. Mowatt-Wilson		1986	3.48
M75	J. Mowatt-Wilson		?	3.22

Triple Jump

M35	D. Langford	Whangarei	6/02/2016	10.64
M40	J. Parsons		1990	10.71
M45	K. Read		1997	10.78
M50	E. Archibald	Hamilton	2004	10.22
M55	M.Lett	Dunedin	Jan-18	9.84
M60	NO RECORD			
M65	K. Swindells		1991	7.73
M70	J. Mowatt-Wilson	Wellington	1987	8.00
M75	J. Mowatt-Wilson	Tauranga	1991	7.45

High Jump

M35	K. Read		1991	1.58
M40	A. Stringer		1993	1.72
M45	A. Stringer		1996	1.72
M50	A. Stringer		2001	1.66
M55	M.Lett	Malaga, Spain	Sep-18	1.41
M60	C.Portch	Tahiti	2010	1.33
M65	J. Mowatt-Wilson		1983	1.18

Pole Vault

M40	L. Allen		1989	2.70
M45	NO RECORD			
M50	M Lett	Perth WMA	2016	2.70
M55	M Lett	Auckland	Nov-19	3.37
M60	M.Judge	Auckland	Feb-18	3.20
M65	R. Ball		2003	2.90

1000 Metres Track Walk

M40	K. Read		1993	6m 27.2
M45	G. Griffin		1993	5m 36.3
M50	R. Bennett		1992	6m 15.5
M55	J. Hathaway		1996	7m 03.5
M60	NO RECORD			
M65	C. Thorne		1992	8m 34.3
M70	K. Swindells		?	7m 42.7

1500 Metres Track Walk

M70	K. Swindells		1995	11m 52.6
M75	K. Swindells		1998	13m 09.9

3000 Metres Track Walk

M35	K. Read		1992	18m 54.3
M40	H. Lett		1985	19m 50.4
M45	G. Little		1991	12m 05.5
M50	J. McKinstry		2001	17m 45.2
M55	H. Marsh	Invercargill	1982	21m 57.1
M60	K. Swindells		1987	20m 45.28
M65	K. Swindells		1989	20m 34.9
M70	K. Swindells		1993	22m 58.8
M75	K. Swindells		1997	24m 24.1

5000 Track Walk

M40	G. Little		1985	26m 37.0
M45	G. Little		1991	20m 54.4
M50	G. Little		1992	21m 08.67
M55	NO RECORD			
M60	NO RECORD			
M65	G. Swindells	Melbourne	1987	33m 49.0

10000 Metres Track Walk

M45	G. Little		1991	43m 48.85
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5 km Road Walk

M45	G. Little	San Jose	1991	21.15.46
10 km Road Walk				
M45	G. Little		1991	43m 43.6
M50	G. Little		1992	42m 20.0
15 km Road Walk				
M45	G. Little		1991	1hr 5m 59.5
20 km Road Walk				
M45	G. Little		1991	1hr 28m 31.8
M50	G. Little		1992	1hr 26m 32.0
30 km Road Walk				
M45	G. Little		1991	2hrs 18m 41.0
50 km Road Walk				
M45	G. Little		1991	4hrs 39m 27.0

Indoor Records

50 Metres

M40	D. Langford	Auckland	Jul-16	7.15
M55	M.Lett	Auckland	Aug-17	7.52

800 Metres

M60	I. Calder	Torun, Poland	Mar-19	2m 18.69
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1500 Metres

M60	I. Calder	Torun, Poland	Mar-19	4m 48.31
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High Jump

M50	M. Lett	Auckland	Jul-16	1.30
M55	M. Lett	Auckland	Aug-17	1.40

Long Jump

M50	M. Lett	Auckland	Jul-16	4.57
M55	M. Lett	Auckland	Aug-17	4.53

Triple Jump

M55	M.Lett	Auckland	Aug-17	10.18
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Pole Vault

M55	M.Lett	Auckland	Aug-18	3.40
M65	M. Judge	Auckland	Aug-18	3.05

50m Hurdles

M55	M.Lett	Auckland	Aug-17	9.31
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